

## BENEFITS

### As a member of NHAHPERD you will receive:

- ◆ three issues of NHAHPERD News, our state newsletter
- ◆ access to information of the NHAHPERD website
- ◆ notification of clinics, workshops and conferences sponsored by NHAHPERD

### As a member of NHAHPERD you will have the opportunity to:

- ◆ attend the annual state conference and participate in programs of personal interest
- ◆ sponsor or promote "Jump Rope for Heart" and "Hoops for Heart" programs in your school or community
- ◆ nominate and recognize members for achievements on behalf of the association and the profession at the annual conference
- ◆ be actively involved in the political action network responsive to legislative issues
- ◆ become actively involved in the leadership of NHAHPERD
- ◆ as an undergraduate student, be an active member, preparing for the future

### SHAPE America: Society of Health and Physical Educators

- ◆ An organization of professionals supporting and working in physical education, leisure, fitness, dance, health promotion, and education
- ◆ Resources and support programs to help practitioners improve their skills
- ◆ Encourage health and well being of the American Public



### ED: Eastern District

- ◆ Is the regional organization which works cooperatively with the state organization. ED provides support services and resources to enhance state programs.

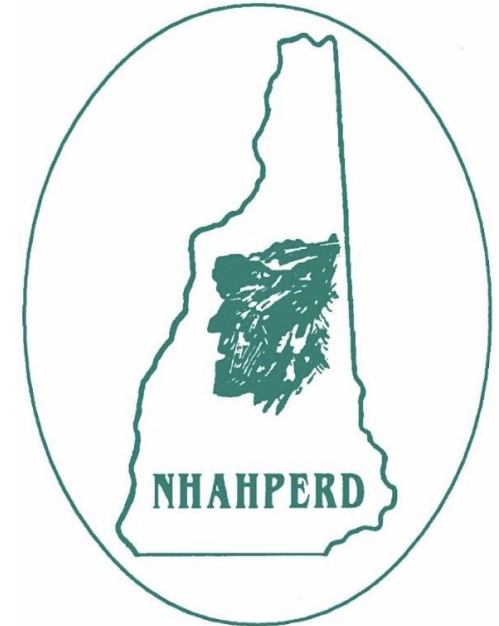
### FOR MORE

### INFORMATION:

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A State Affiliate of



**New Hampshire  
Association for Health,  
Physical Education,  
Recreation, and Dance**

**WWW.NHAHPERD.ORG**

# NHAHPERD

NHAHPERD will encourage healthful lifestyles through health, physical education, recreation and dance by communicating this to professionals, students and the public.

## Our Members Include

- ◆ Physical Education Teachers
- ◆ Health Educators
- ◆ Recreation Professionals
- ◆ Dance Educators
- ◆ College/University Students
- ◆ Administrators
- ◆ School Nurses
- ◆ State Agency Representatives
- ◆ Retirees

## Activities

- ◆ Conferences:
  - NHAHPERD Conference
  - ED Conference
  - SHAPE America Conference
- ◆ Workshops:
  - Competency, Assessment, Curriculum K-12 Workshops
  - Regional Workshops
- ◆ Networking
- ◆ Resource Support
- ◆ Scholarship/Substitute Pay Grants
- ◆ NHAHPERD News

## NHAHPERD is committed to

- ◆ Wellness for children and adults
- ◆ Health and fitness education for all community members
- ◆ Fitness and well being for New Hampshire's youth and families
- ◆ Inclusion of disabled individuals in local and state programs
- ◆ Conferences/workshops for professional growth and renewal



## NHAHPERD Events

- ◆ Annual Fall Conference
- ◆ Annual Granite Walk of Ages
- ◆ Jump Rope for Heart/Hoops for Heart
- ◆ NH State Jump Rope Contest

## NHAHPERD Accomplishments

- ◆ Annual Granite Walk of Ages
- ◆ NH-NEA Sponsored Workshops
- ◆ Regional Workshops
- ◆ PE/PA Survey w/DHHS, NHDOE

## NHAHPERD Affiliations

- ◆ New Hampshire Recreation and Parks Association
- ◆ N. H. Governor's Council on Physical Activity & Health
- ◆ New Hampshire Department of Health and Human Services
- ◆ American Lung Association of New Hampshire
- ◆ American Heart Association
- ◆ NH Special Olympics



Governor's Council On  
Physical Activity & Health

[www.nhmoves.org](http://www.nhmoves.org)



American Heart  
Association®

*Learn and Live*<sup>SM</sup>

[www.americanheart.org](http://www.americanheart.org)



Our mission is to promote professional standards, quality programs, professional development, legislative support, and regional and national affiliation.